PROGRAM

Conference Theme: Free to Play
“To play is to free ourselves from arbitrary restrictions and expand our field of action.”

PLANNING COMMITTEE
Director, Sang-Hie Lee, PhD, EdD, MM
Co-Director, William Quillen, PT, DPT, PhD, FACSM
Cynthia Hughlett: CMP, Conference Coordinator-CE Administrator
Music: James Bass, DMA; Jennifer Bugos, PhD
Dance: Merry Lynn Morris, MFA, PhD Candidate
Physical Therapy: Heather Hartsell, PT, MDiv, PhD
Medicine: Frazier Stevenson, MD; Marzenna Wiranowska, MS, PhD;
Santo Nicosia, MD; Lauren Watts, MS
Engineering: Stephanie Carey, PhD
Nursing: Nicholas Hall, PhD; Melissa Molinari Shelton, PhD
Alzheimer Center/Department of Cell Biology: John O’Leary, PhD
Speech Therapy: Darla Freeman-LeVay, MA, CCC-SLP
Guest: Cheryl Paul, ASHA-CE Administrator

I. Program Committee Members:
   Music: Jennifer Bugos
   Dance: Merry Lynn Morris, Chair
   Physical Therapy: Heather Hartsell
   Medicine: Marzenna Wiranowska, Santo Nicosia
   Engineering: Stephanie Carey
   Nursing: Melissa Molinari Shelton
   Speech Therapy: Darla Freeman-LeVay
   Alzheimer Center/Department of Cell Biology: John O’Leary, Co-Chair

II. CONFERENCE Schedule

March 7, Friday 6:00-8:00 PM:
Reception and tour of CAMLS
Host’s Remark by Director William Quillen &
Introduction of President Judy Genshaft and Provost Ralph Wilcox
Welcome address by President Genshaft and Provost Ralph Wilcox and Introduction of Health VP & other Deans
William Prichard announces “Free to Play”
James Bass’ small Chamber Ensemble
John O’Leary’s group, “LaLuche”
March 8, Saturday
8:30-9:00 AM: School of Music Foyer, Coffee and Registration
9:00-9:05 AM: Opening Remark by Sang-Hie Lee and Introduction of Dean Moy
9:05-9:15 AM: Welcome Statement by Dean Moy
9:15-10:45 AM: Session I Co-Chairs: Merry Lynne Morris & John O’Leary
9:15-9:45 AM: Keynote by John Chong, MD on “PAMA International, NASM and PAMAforte”
9:45-10:45 AM: Keynote by Dr. Robert Sataloff, MD, DMA, “Common Diagnoses and Treatments in Singers”
10:45-11:00 AM: Coffee Break
11:00-12:30 PM: Sessions II Co-Chairs Heather Hartsell, Marzenna Wiranowska, and Jennifer Bugos
11:00-11:30 AM: Keynote by Aaron Williamon, PhD, “Musicians’ psychophysiological responses to low- and high-stress performance conditions”
11:30-12:00 PM: USF Dance Wellness Program: An Interprofessional Student Oriented Initiative (Aimee B. Klein, PT, DPT, DSc, OCS; William S. Quillen, PT, DPT, PhD, FACSM; Merry Lynn Morris, MFA, PhD candidate; Seok H. Kim, PT, PhD; Rose Pignataro, PT, DPT, PhD, CWS; John M. Mayer, DC, PhD, CCRP
12:00-12:30 PM: Relationships between Hearing Loss and Achievement in Aural Skills Achievement in Undergraduate Music Majors (Valerie L. Trollinger, DME)
12:30-1:30 PM: Lunch break: Lunch Order or on your own
1:30-3:30 PM: Session III Co-Chairs Santo Nicosia, Darla Freeman-LeVay
1:30-2:00 PM: Keynote by Richard Lederman, MD, PhD, “Performing Arts Medicine: Retrospective and Prospective Perspective”
2:00-2:30 PM: Biomechanics of a Tendu Closing: Comparing the Traditional Movement to Relevé and Plié Closings (Nyssa Masters, BFA student; Merry Lynn Morris, MFA, PhD candidate; Stephanie Carey, PhD; Aimee B. Klein, PT, DPT, DSc, OCS)
2:30-3:00 PM: Aston Patterning®: Novel Paradigm for Optimizing Performance for Instrumentalists and
Vocalists Through Improved Body Usage
(Amanda Skidmore Farasat, BM, MM, NCBTMB, Certified Aston-Patterning® Practitioner)

3:00-3:30 PM: Hypermobility: A Double Edged Sword (Ann Laidlaw, MD)

2:30-3:30 PM: “Free to Play” Yoga Workshop by Tina Tidwell, BFA

2:30-3:30 PM: Posters

3:30-5:00 PM: Session IV Co-Chairs Melissa Shelton, Jennifer Bugos, and Heather Hartsell

3:30-4:00 PM: Body Stabilization and its Effects on Music Performance from the Musicians’ Point of View (Carina Joly, DMA)

4:00-4:30 PM: Backstage Secrets: Remedies to Maximize Vocal Performance and Health (Daniel A. Vincent, Jr., MD, FACS; Darla Freeman-LeVay, MA, CCC-SLP)

4:30-5:00 PM: Improving Turnout in Dancers (Danielle Pata, BFA; Voletta Range, BS; Tom Welsh, PhD; Jon Bailey, PhD)

5:00-7:00 PM: Refresh at the hotel and Dinner on your own

7:30-9:00 PM: Concert, “Showcasing Arts Research”

- Chamber Singers, James Bass, Conductor, USF School of Music
- Noah Waddell with Grigorios Zamparas, Beethoven Piano Concerto #3
- Dance performance, USF dance alumni and dance students Merry Lynn Morris Choreographer with John O’Leary Composer
- Medical Orchestra, Frazier Stevenson, Conductor, USF Health
- Medical Dance, Marzena Wiranowska, USF Health
- President’s Trio, USF School of Music
- Grigorios Zamparas, Piano, University of Tampa
- Chamber Singers, James Bass, Conductor, USF School of Music

March 9, Sunday

8:30-9:00 AM: School of Music Foyer. Coffee and registration

9:00-11:00 AM: Session V Co-Chairs Stephanie Carey, John O’Leary and Merry Lynn Morris

9:00-9:30 AM: Keynote by Nancy Kadel, MD, “Seattle Dance Clinic”

9:30-10:00 AM: Keynote by Tom Welsh, PhD, “Dance Research”
10:00-10:30 AM: Relationships Between Physical Attributes, Medical/Musical History, Technical Efficiency and Sound Production in Advance Level Pianists (Dylan Savage, DM; William B. Meinke, MD)

10:30-11:00 AM: New Traumatic Lesion in Adolescent Female Singers (Lucinda Halstead, MD; Deanna McBroom, MM)

11:00-12:30 PM: Session VI Co-Chairs Santo Nicosia, and Jennifer Bugos

11:00-11:30 AM Clinical Care of Performing Arts Students in the University Setting: A Successful Model with Wide Potential (Jeff Russell, PhD, AT)

11:30-12:00 PM Intense Piano Training Increases Processing Speed in Children Ages 9-12 (Julia Rauchfuss, BS student; Bugos, J.A., PhD; Maxfield, N., PhD; Persad, V., BS student; Kochar, S., BS student)

12:00-12:30 PM Hallux Valgus in Dancers: A Closer Look at Dance Technique and Its Impact on Dancer’s Feet (Kathleen L. Davenport, MD; Liane Simmel, MD, Nancy Kadel, MD)

12:30-1:30 PM: Lunch break Lunch Order or on your own

1:30-3:30 PM: Session VII Co-Chairs Marzena Wiranowska and John O’Leary

1:30-2:00 PM: Acting as a Means of Healing and De-Stigmatizing Mental Illness (Betsy Keller MSN, RN-BC; Rachel L. Brink, LCSW, BCD, CPRP; Maureen Kapatkin, MS, ARNP, FNP-BC)

2:00-2:30 PM: Three Dimensional Modeling and Kinematic Analysis of a String Bass and French Horn Player (Sarah Tudor, BSME student; Ana Lopez Marcano BSME student; Stephanie Carey, PhD; Sang-Hie Lee, PhD, EdD, MM)

2:30-3:00 PM: Implications of Sacral Dysfunction on Turnout In A Collegiate Ballet Dancer – A Case Study (Kendall Lynch, PT, DPT; Aimee B. Klein, PT, DPT, DSc, OCS)

3:00-3:30 PM Ergonomically Scaled Piano Keyboards: A Review of The Literature and of Their Use Since 2000 (Carol Leone, DMA; Kevin Gunter, MM; Matthew
Kline, MM, MSW; Catharine Lysinger, DMA; Thomas Tunks, PhD)

2:30-3:30 PM: Posters

3:30-5:00 PM: Session VIII Co-Chairs Darla Freeman-LeVay, Melissa Shelton, Marzena Wiranowska

3:30-4:00 PM: Task-specific Singing Dystonia: Vocal Instability that Technique Can't Fix (Lucinda Halstead, MD; Heather Shaw Bonilha, PhD. L.S.P.; Deanna McBroom, MM)

4:00-4:30 PM: Results of Novel Mind-Body Integration Program for Collegiate Musicians (Matthew Lazinski, DPT, PT, OCS; Tina Tidwell, BFA; Stephanie Carey, PhD; Sang-Hiee Lee, PhD, EdD, MM)

4:30-5:00 PM: Hearing Dose and Perceptions of Hearing Health Among University Choral Singers in Varied Rehearsal and Performance Settings (Sheri Cook-Cunningham, PhD; Melissa L. Grady, PhD Candidate; Heather R. Nelson, PhD Candidate)

5:30-7:30 PM: Dinner on your own and dialogues with Organizing Committee on future prospect of PAMA Tampa

POSTERS:

1. Pattern of Warm up Exercise Among Instrumental Musicians - A Systematic Review (Adedayo Tunde Ajidahun, MSc; Julie Phillips, PhD; Witness Mudzi, PhD)

2. Incorporating Wellness Into The Music Curriculum: Musicians Building Partnerships With Medical Professionals (Gail Berenson, MM)

3. A Musicians' Wellness Initiative (MWI) (James Brody, BM, MM)

4. Structural Integrative Bodywork: Treatment Options for Patterns of Discomfort From Habitual Fine Tuning The “Instrument” Movements (Jeffrey "Dallas" Cohn, LMT, Certified KMI, SIB, BCSI)

5. Awakening The Kinematic Chain: Training Motion and Awareness in Musicians with Performance Related Musculoskeletal Pain Disorder (PRMD): A Case Study. (Douglas Johnson, MM, RN)

6. Utilization of Assistive Technology in The Arts for Increasing Rehabilitation Potential (James Kaplan, CTRS, ATP, CBIS)
7. The Relationship of Biomechanical Factors, Turnout, and Lower Extremity Musculoskeletal Injuries in Ballet Dancers (Samantha Klotz SPT; Jessica B. Whitney, SPT; Aimee B. Klein, PT, DPT, DSc, OCS)

8. Tampa General Hospital's Integrative Medicine Program (Sheela Chokshi, MD; Rachel Means, BA)

9. Moving to Read (Julie Omodio-Griess, PhD, Collective Soles Arts Group (CSAG) Educational Advisor; Troy Jansen, CSAG Director/Owner)

10. The Art of Attending: Training Interdisciplinary Healthcare Students with Arts Methodologies (Megan Voeller, MA; Bruce Marsh, MFA; Dolores Coe, MFA; Merry Lynn Morris, MFA, PhD candidate)

11. Maintaining Musicianship During Injury and Recovery: An Application from The Practice of Indian Classical Music (Kathryn Woodard, DMA, MM)