Why Lamaze International™ Certification?

The mission of Lamaze International™ is to promote, support, and protect normal birth through education and advocacy. The following care practices, adopted from the World Health Organization (WHO), are believed to protect normal birth and are supported by research:

- Labor begins on its own.
- Freedom of movement throughout labor.
- Continuous labor support.
- No routine interventions.
- Non-supine (e.g., upright or side-lying) positions for birth.
- No separation of mother and baby after birth.

Attending Lamaze childbirth classes will help women and their families learn more about normal birth and give birth with confidence and joy.

Lamaze International™ has educated and certified childbirth educators (CBE’s) in the U.S. and internationally for over 40 years. As a result, CBE’s are recognized professionals in the perinatal health care field. Lamaze International™ certification demonstrates to consumers, professional colleagues and employers that you have specialized knowledge, and skills as a childbirth educator, and are prepared to offer high quality education programs to childbearing women and their families. As a Lamaze International™ Certified Childbirth Educator you may become a fellow in the American Academy of Childbirth Educators (FACCE) and take your place as a leader in effecting positive change in the delivery of childbirth education, family-centered maternity care, and parent/consumer awareness.

Lamaze International™ is an approved provider of continuing education for registered nurses through the Virginia Nurses Association, accredited by the Eastern Regional Accrediting Committee of the American Nurses Association and through the California Board of Registered Nurses. The National Commission for Certifying Agencies (NCCA), the accrediting body of the National Organization for Competency Assurance (NOCA), has accredited the Lamaze International™ Certification Program. It is the only internationally recognized childbirth educator program that the NCCA accredits. The purpose of the USF College of Public Health’s program is to teach students in the instruction of the Lamaze™ method of childbirth and to prepare them to sit for the examination to become certified by Lamaze International™.

Admission Criteria

- Registered Nurse or LPN with a current license, or
- Graduate of a recognized institution of higher education with a baccalaureate or higher degree (which included a successful completion of a supervised practicum, social work internship, health education special project, or student teaching).
- Flexible eligibility candidates (doula or other related childbirth experience).

Program Requirements: Application Phase

- **Read this brochure in its entirety**
- **Call the following number or E-mail to the address any questions you might have:** Call Dianne Veatch, Program Manager, at 813-685-3092 or E-mail questions directly to Dianne Veatch at dveatch@tampabay.rr.com.
- **Complete the application form in this brochure, enclose the $55 application fee**
payable to USF MSSC as noted on the form. Mail payment and completed application to the address on the form.

**Program Requirements:**

**Acceptance and Enrollment Phase**

- Your application is reviewed and you are notified of your acceptance status.
- Once accepted, you will receive an invoice for the $650 enrollment fee. Requests for scheduled payment plans will be entertained, but all fees must be paid by the beginning of the 3 and 1/2 day seminar.
- Your Enrollment Fee includes the cost of the Candidate Study Guide, which will be ordered by the Program Manager and sent to you from the Lamaze International™ office in Washington, DC.

The Application Fee is $55 and the Enrollment Fee is $650 as of the printing of this brochure (January 2004)

**Program Requirements:**

**Education Phase**

**Pre-Seminar Phase - 3 Months Minimum**

1. Observation of 2 labors and births
   a. Submit a report on each birth according to the guidelines that will be sent upon acceptance to the program. Reports must be submitted to the Program Manager at least one month prior to the start date of the Seminar described below.
   b. Observation of at least one complete series (12-hour minimum) of Lamaze™ classes. These classes must be taught by a Lamaze™ Certified Childbirth Educator.
   c. Study of the Candidate Guide in its entirety. The Guide is sent to you at the address on your application form upon acceptance.
   d. Obtain the following for study and review.

**Post-Seminar Phase - 4 Months Minimum**

1. Course Design.
   a. The Candidate will write the syllabus for his/her own course for future implementation. This is a critical and time-consuming part of the certification process.
   b. The syllabus must be submitted for evaluation 10 weeks after the end of the Seminar.

**Seminar Phase - 3 and 1/2 day Seminar**

1. Seminars take place in the Tampa Bay area or at any location that is convenient for the majority of the Candidates registered as ready to attend the seminar. One seminar is scheduled in the Tampa Bay area annually, depending on demand.
2. The content includes:
   a. Theory and principles of Lamaze™ Method
   b. Teaching strategies related to Lamaze™ Method
   c. Teaching / learning theory
   d. Professional role of the childbirth educator
   e. Course development
3. A 75-item, multiple choice exam may be given at the start of the seminar. Its purpose is to assist the Candidate and Instructor to identify strengths and weaknesses in learning in order to better use the Seminar to prepare for the final certification exam. This is a learning tool and a Candidate’s score does not influence status in the program.
4. Accreditation will be sought from:
   a. The University of South Florida College of Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation (ANCC). ANCC credits will be awarded.
   b. Florida Board of Licensed Clinical Social Work, Licensed Marriage and Family Therapy, and Licensed Mental Health Counseling. The University of South Florida College of Public Health is an approved provider (BAP #433 exp. 3/31/05) of continuing education credit for clinical social work, marriage and family therapy, and mental health counseling. The needs of the students in the particular class will determine if this accreditation is sought. In the past, the program was reviewed and approved for up to 30, 50-minute hours.

iii. Sources:
    (1) www.lamaze.org
    (2) www.amazon.com
    (3) www.wbsaunders.com
c. Student Teaching – The Candidate is to arrange to teach an entire Lamaze™ course series under the supervision of a Lamaze™ Certified Childbirth Educator.

Certification Phase

1. Upon successful completion of the education phase of the program, the Candidate is eligible to register to take the Lamaze International™ certification exam.
2. The fee to register to take the exam is an additional $225 (at the time of this printing) and payable directly to Lamaze International™ in Washington, DC.
3. When the Candidate passes the exam, she/he will be certified as a Lamaze International™ Certified Childbirth Educator and may use the LCCE credential after her name.
4. To maintain this certification, the LCCE must obtain 30 Lamaze International™ accredited continuing education hours every 3 years.

Payment Information

Fees: The non-refundable application fee of $55 must accompany the application form. Upon acceptance to the program, you will be invoiced for the enrollment fee of $650. The registration fee includes the Lamaze International™ study guide that will be sent directly to the address on the registration form, attendance at the 3 1/2 day seminar, a seminar notebook, and review of your submitted syllabus. A payment plan may be extended upon request.

Cancellation: The registration fee is refundable, minus a $25 processing fee if the request for refund is received within 30 days of receipt of the payment. After that time, any requests for refund will be charged a $200 administrative fee plus the cost of actual materials provided. Once a Candidate has attended the Seminar, no refund requests will be allowed.

Payments: Credit card payments will be accepted - Visa, MasterCard and American Express can be processed. Checks should be made payable to USF Medical Services Support Corporation or MSSC. FEIN: 59-2944683.

Program Faculty

Elaine Zwelling, RN, PHD, LCCE, FACCE
Director of the Childbirth Education Program at the University of South Florida. Dr. Zwelling is an author, consultant, and speaker in the fields of childbirth education and parent-newborn nursing. She is a Certified Childbirth Educator with over 35 years of experience working with expectant parents and childbirth educators. She is a member of the national faculty of Lamaze International™.

Dianne Veatch, RN, BSN, LCCE, FACCE, IBCLC
Program Manager of the Childbirth Educator Program at the University of South Florida. She has over 30 years of experience working with expectant and new parents as a nurse, childbirth educator, and lactation consultant.

For More Information

About the content of the program:
Contact Dianne Veatch
By E-mail at dveatch@tampabay.rr.com
At home at 813-685-3092

About registration:
By E-mail at conted@hsc.usf.edu
At the College of Public Health at 813-974-6695
Toll-Free at 888-USF-COPH or 888-873-2674 and press “2” for Continuing Education
FAX: 813-974-7860

Events, activities, programs and facilities of the University of South Florida are available to all without regard to race, color, marital status, sex, religion, national origin, disability, age, Vietnam or disabled veteran status as provided by law and in accordance with the University’s respect for personal dignity.
Name: ________________________________________________________________ Degrees __________________________

Work ❑ Home Address: ______________________________________________________________________________

City: ______________________________________ State: ____________________ Zip: __________________________

Day phone: (____) __________________________ FAX: (____) ______________ Home: (____) __________________

Email: ________________________________________________________________

The best way to contact me is: ❑ Phone during the following hours: ____________________________
❑ FAX ❑ E-mail ____________________________ Which phone: ❑ Home ❑ Day phone

Birth Date: ________________________________

If you are a Registered Nurse or LRN, in what state: ________________ License Number: __________________________

❑ I have attached a copy of my license or will fax it to 813-974-7860

Check here if you have a disability for accommodation and you will be contacted: ❑

Education: List colleges or professional institutions attended; Applicants who are not registered nurses and have a baccalaureate degree should send an official transcript sent to the address for registration at the end of this form. Nurses do not have to submit a transcript. Flexible eligibility candidates who are not nurses or college graduates will be evaluated on an individual basis.

<table>
<thead>
<tr>
<th>Institution</th>
<th>City/State</th>
<th>Major Field of Study</th>
<th>Degree Granted</th>
<th>Date Granted</th>
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❑ I have requested the official transcript to be sent. I understand that this application cannot be considered complete nor completely evaluated until official transcripts have been received.

Have you ever attended a childbirth education course?
As a ❑ Participant ❑ Observer ❑ Prospective Parent

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<tr>
<th>Dates</th>
<th>City</th>
<th>Teacher’s Name</th>
<th>Method</th>
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Have you ever taught classes for expectant parents? ❑ Yes ❑ No

Have you ever assisted in teaching a class for expectant parents? ❑ Yes ❑ No

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<th>Classes Sponsored by</th>
<th>City/State</th>
<th>Dates</th>
<th>Method</th>
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Describe your preparation for the above teaching:
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List your last two employment positions with the most recent first:

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<tr>
<th>Employer</th>
<th>Employer Address</th>
<th>Position Held</th>
<th>Dates</th>
<th>Reason for Leaving</th>
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List your OB experience. Specify whether clinical or academic:

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<thead>
<tr>
<th>Experience</th>
<th>Clinical or Academic?</th>
<th>Where</th>
<th>Dates</th>
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List your teaching experience with the present or most recent first. Include practicum or educational programs:

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<tr>
<th>Subjects Taught</th>
<th>School or Program</th>
<th>City/State</th>
<th>Dates</th>
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List volunteer experiences, professional memberships, or other information you consider relevant. If you wish, you may attach a copy of your resume.

- Resume attached

Names of Lamaze International™ Certified Teachers in your area:

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Applicant’s Statement: On a separate sheet of paper, briefly state your reason(s) for seeking certification as a teacher of the Lamaze Method of Childbirth. Indicate why you believe you would make a good teacher. Please limit to one page.

- Attached

Applicant’s Signature: ____________________________ Date: __________

Mail with payment of $55 payable to: USF Medical Services Support Corporation – FEIN: 59-2944683

- VISA
- Master Card
- American Express

Card Number: ____________________________

Print Cardholder Name: ____________________________ Expiration Date: __________

Cardholder Signature: ____________________________

Mail to: USF - Continuing Professional Education

Attn: Bobbi Rose

12901 Bruce B. Downs Blvd., MDC 46, Tampa FL 33612-4799

Credit card applications may be faxed to 813-974-7860.

The expense of Continuing Education, when taken to maintain and improve professional skills, is often tax deductible. Please check with your accountant or tax advisory for complete details.
Become a Certified Childbirth Educator!

Are you a nurse? 
Do you have a college degree or do you have other related experience childbirth?

This program has many advantages
- Self-paced
- Study and prepare in your own community
- It is the Premier Childbirth Educator Program

The Lamaze™ Childbirth Educator Program is self-paced in your own community, with one 3½ day seminar at the University of South Florida College of Public Health.

Pre-seminar requirements include:
- Self-study
- Childbirth course observations
- Labor and birth observations

Post-seminar requirements include:
- Preparing a course syllabus for your own teaching
- Student teaching and practice